BMT *Cyber 7*

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Who is BMT?

We provide essential IT services to help small and mid-sized companies operate securely and productively.

By aligning technology with goals, we add significant value to your business.

- ✓ **Over 28 years of technical knowledge and experience**

- ✓ **Named to CRN's 2021 Top 500 MSPs List**

- ✓ **Ranked #2 in NJ for Cybersecurity by NJBIZ**

- ✓ **Local, 24/7 support dedicated to providing the highest level of customer care**

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1 **Protect yourself with a Password Manager**
Password rules can be inconvenient, but they're important if you want to keep information safe. A Password Manager such as lastpass.com will easily create, store, and use unique & complicated passwords for all your accounts.

2 **Enable 2FA for Everything**
Two-factor authentication (2FA) links access to your account via an app on your cell phone. This allows you to approve or deny each login. Even if hackers happen to steal your username/password, they can't access your accounts without your phone. Simple!

3 **Educate Your Team with Cybersecurity Awareness Training**
A good Cybersecurity Awareness Training program should happen early and often. Providing a single training session and handouts will work for a month, maybe more, but an ongoing program will create a culture of security in the workplace.

4 **Co-Managed Threat Detection and Response**
Detect threats that slip past traditional defenses and receive deeper insight into alerts generated by other tools. We recommend the Perch Security Platform, a service that can scale to any business size or need.

5 **Use Weapons-Grade Backup**
Ransomware locks up critical data. New variants also search out and encrypt your backup data leaving you little choice but to pay the ransom. A properly designed backup hides and protects backup data from threats.

6 **Regularly Update and Patch ALL systems**
Most companies focus on patching and updating their PC's, Servers and Antivirus programs. Hackers now look at all the devices on your network: Printers, Cameras, VOIP phones, etc. Patch them all!

7 **Secure File Sharing**
Unfortunately, many people still send sensitive information via email. Sending the file first and then the password in a separate email isn't the answer. Look to solutions like: sharefile.com

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